



## ALLERGY & ASTHMA RESOURCE GUIDE

### Allergy & Asthma Web Sites:

- Allergy and Asthma Network/Mothers of Asthmatics: 1-800-878-4403  
[www.aanma.org](http://www.aanma.org)  
Family to family support network with information on the basics of allergy and asthma. (Spanish included). [Click on FAQs tab and then select specific conditions](#)
- American Academy of Allergy, Asthma and Immunology: 1-800-822-2762  
[www.aaaai.org](http://www.aaaai.org)  
Daily health headlines related to asthma and allergy topics. National pollen counts, kids summer activities, and patient education brochures provided. (Spanish included). [Click on Patient & Consumers tab](#)
- American College of Allergy, Asthma and Immunology: 1-847-427-1200  
[www.acaai.org](http://www.acaai.org)  
Educational resource related to allergies, asthma, immunotherapy and anaphylaxis. Frequently Asked Questions (FAQ) link to common questions. (Limited information in Spanish). [Click on Patients & Public tab](#)
- American Latex Allergy Association: 1-888-972-5378  
[www.latexallergyresources.org](http://www.latexallergyresources.org)  
Contains on-line resource manual with ten sections related to education and support for those diagnosed with latex allergy. [Click on Links & Resource tab](#)
- American Lung Association: 1-800-LUNG-USA (1-800-586-4872)  
[www.lungusa.org](http://www.lungusa.org)  
Provides education and information on ways to improve "lung health." LungHelpLine is available as a resource for patients to submit questions to a specialist related to lung topics. (Spanish included). [Click on Lung Disease tab](#)
- Asthma and Allergy Foundation of America: 1-800-7-ASTHMA (1-800-727-8462)  
[www.aafa.org](http://www.aafa.org)  
Links to finding or starting support group in your area for asthma and allergy patients. Good information on asthma and allergy basics (Some Spanish included). [Click on Asthma or Allergies tabs](#)
- The Food Allergy & Anaphylaxis Network: 1-800-929-4040  
[www.foodallergy.org](http://www.foodallergy.org)  
Numerous food allergy information sheets and FAQs about food allergies. Link provided to Omaha Food Allergy Support Group. Helpful information for schools related to care of students with food allergies. (Spanish included). [Click on Education or Allergens tabs](#)
- Food Allergy Initiative: 1-212-207-1974  
[www.faiusa.org](http://www.faiusa.org)  
Contains a quick reference for various food allergies. Excellent website for enrolling research studies related to food allergies. Their ultimate goal is to fund research that seeks a cure for food allergies and improve diagnosis and treatment. [Click on any of the green tabs across the top of the page](#)



## ALLERGY & ASTHMA RESOURCE GUIDE

- National Eczema Association: 1-800-818-7546  
[www.nationaleczema.org](http://www.nationaleczema.org)  
Information, education and support for patients and their families who are dealing with treatment for eczema. Simple FAQ related to eczema.  
**[Click on Living with Eczema or Support tabs](#)**
- National Jewish Medical & Research Center: 1-800-423-8891  
[www.nationaljewish.org](http://www.nationaljewish.org)  
Information on one of the leading hospitals treating pulmonary and immunology patients. In-depth health information page which discusses specific conditions, medications and services available.  
**[Click on Health Information tab and then select specific conditions](#)**
- National Asthma Education and Prevention Program: 1-301-592-8573  
<http://www.nhlbi.nih.gov/about/naepp/>  
Provides several Fact Sheets on the topic of asthma and action plans for schools and daycare centers. **[Click on Patients/General Public](#)**
- The American Partnership for Eosinophilic Disorders: 1-713-493-7749  
[www.apfed.org](http://www.apfed.org)  
Excellent resource for information on eosinophilic disorders. Describes in basic terms the symptoms, diagnosis, and treatment of these disorders.  
**[Click on any of the tabs at the top.](#)**

### General Medical Information:

- American Academy of Pediatrics: 1-847-434-4000  
[www.aap.org](http://www.aap.org)  
Access to children's health topics of interest on children of all ages.  
**[Click on Parenting Corner or Health Topics tab.](#)**
- Mayo Clinic (Rochester, MN): 1-507-284-2511  
[www.mayoclinic.com/health-information/](http://www.mayoclinic.com/health-information/)  
Fast links to disease, symptoms, medications, tests and procedures. Features recipes listed as well. **[Click any of the green tabs at the top.](#)**
- Medical Information from the National Library of Medicine: 1-888-346-3656  
[www.nlm.nih.gov/medlineplus/healthtopics.html](http://www.nlm.nih.gov/medlineplus/healthtopics.html)  
Numerous links to information on medications, health topics, medical encyclopedia, medical dictionary, local resources and organizations.  
**[Click any of the tabs on the left side](#)**
- Up To Date For Patients: 1-800-998-6374  
[www.uptodate.com/patients](http://www.uptodate.com/patients)  
Medical information on a variety of topics (including asthma and anaphylaxis) constantly updated by experts in that area. **[Click on Contents, then Patient Information](#)**